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## MARCH 2024 Aquatics Schedule



and visit our racebook	ago.	rique	atics offic	auic		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
A dult Law	CALL:				Adult lap:	Adult lap: 2
> Adult Lap	607-444-3354				6:30 - 9:15 AM 11:30 AM - 1 PM	8 - 10 AM
> Open Swim					Pool closed	Lessons:
> Aerobics	Schedules are				10:15 - 11:30 AM	10 - 11:30 AM
	subject to change.				Cardio Splash:	Open Swim/Laps:
Lessons	Please call				9:15 - 10:15 AM	11:30 AM - 1 PM
	ahead to confirm				Pool closed	Closed for a private party: 1 - 2 PM
	activities.				1 - 3:30 PM Open Swim/Laps:	party. 1 - 2 PM
					3:30 - 6:30 PM	
	3 Adult lap:	Adult lap:	5 Adult lap: 6	Adult lap: 7	Adult lap:	8 Adult lap: 9
Open Swim/Laps:	6:30 - 9:15 AM 11:30 AM - 1 PM	6:30 - 8:45 AM	6:30 - 7:30 AM 8:30 - 9:15 AM	6:30 - 8:45 AM	6:30 - 9:15 AM	8 - 10 AM
*Please note that	Pool closed	11:30 AM - 1 PM	11:30 AM - 1 PM	9:45 AM - 1 PM 5:30 - 6:30 PM	10:15 AM - 1 PM	Lessons:
birthday parties may b	e 10:15 - 11:30 AM	5:30 - 6:30 PM	Cardio Splash:	Cardio Splash:	Cardio Splash: 9:15 - 10:15 AM	10 AM - 12 PM
scheduled during this time	Cardio Splash:   9:15 - 10:15 AM	Cardio Splash: 8:45 – 9:45 AM	7:30 - 8:30 AM 9:15 - 10:15 AM	8:45 - 9:45 AM	Pool closed	Closed for a private party: 12:30 - 1:30 PM
1	Pool closed	Pool closed	Pool closed	Pool closed	1 - 3:30 PM	Open Swim/Laps:
	1 - 3:30 PM	9:45 - 11:30 AM	10:15 - 11:30 AM	1 - 3:30 PM   Open Swim/Laps:	Open Swim/Laps:	1:30 - 3 PM
il and the second	Open Swim/Laps:	1 - 3:30 PM	1 - 3:30 PM	3:30 - 5:30 PM	3:30 - 6:30 PM	Closed for a private
	3:30 - 8:30 PM	Open Swim/Laps:	Open Swim/Laps: 3:30 - 8:30 PM	6:30 - 8:30 PM		party: 3 - 4 PM
		3:30 - 5:30 PM 6:30 - 8:30 PM	3.00 1 1.7	Aqua Fit:		
				5:30 - 6:30 PM		
	0 Adult lap:	Adult lan	12 Adult lap: 13	Adult lap:	Adult lap:	15 Adult Ian: 16
Open Swim/Laps:		Adult lap: 6:30 - 8:45 AM	6:30 - 7:30 AM	6:30 - 8:45 AM	6:30 - 7:30 AM	Adult lap:
12 – 2 PM	8:30 - 9:15 AM	9:45 AM - 1 PM	8:30 - 9:15 AM 10:15 AM - 1 PM	9:45 AM - 1 PM	8:30 - 9:15 AM	Lessons:
Closed for a private	10:15 AM - 1 PM Cardio Splash:	5:30 - 6:30 PM	Cardio Splash:	5:30 - 6:30 PM	11:30 AM - 1 PM	10 AM - 12 PM
party: 2 - 3 PM	7:30 - 8:30 AM	Cardio Splash:	7:30 - 8:30 AM 9:15 - 10:15 AM	Cardio Splash: 8:45 - 9:45 AM	Cardio Splash:	Open Swim/Laps:
Closed for a private	9:15 - 10:15 AM Pool closed	8:45 - 9:45 AM	Pool closed	Pool closed	9:15 - 10:15 AM	12:15 - 3 PM
party: 3 - 4 PM	1 - 3:30 PM	Pool closed	1 - 3:30 PM	1 - 3:30 PM	Pool closed	Closed for a private
The state of the s	Open Swim/Laps: 3:30 - 5 PM	1 - 3:30 PM	Open Swim/Laps: 3:30 - 5 PM	Open Swim/Laps: 3:30 - 5:30 PM	10:15 - 11:30 AM 1 - 3:30 PM	party: 3 - 4 PM *Please note that
	7:15 - 8:30 PM	Open Swim/Laps: 3:30 - 5:30 PM	7:15 - 8:30 PM	6:30 - 8:30 PM	Open Swim/Laps:	birthday parties may be
A	Lessons:	6:30 - 8:30 PM	Lessons:	Aqua Fit:	3:30 - 6:30 PM	scheduled during this time
	5- 7:15 PM		5- 7:15 PM	5:30 - 6:30 PM		
Open Swim/Laps:	17 Adult lap: 18 6:30 - 7:30 AM	Adult lap:			1 Adult lap:	22 Adult lap: 23
12 - 1 PM	8:30 - 9:15 AM	6:30 - 8:45 AM	6:30 - 7:30 AM 8:30 - 9:15 AM	6:30 - 8:45 AM	6:30 - 7:30 AM 8:30 - 9:15 AM	8 - 10 AM
Closed for a private party: 1 - 2:30 PM	10:15 AM - 1 PM	9:45 AM - 1 PM 5:30 - 6:30 PM	10:15 AM - 1 PM	9:45 AM - 1 PM	10:15 AM - 1 PM	Lessons:
Open Swim/Laps:	Cardio Splash:		Cardio Splash:	Cardio Splash: 8:45 - 9:45 AM	Cardio Splash: 7:30 - 8:30 AM	10 AM - 12 PM
2:30 - 4 PM	7:30 - 8:30 AM 9:15 - 10:15 AM	Cardio Splash: 8:45 - 9:45 AM	7:30 - 8:30 AM  9:15 - 10:15 AM	Pool closed	9:15 - 10:15 AM	Open Swim/Laps:     12:15 - 4 PM
*Please note that	Pool closed	Pool closed	Pool closed	1 - 3:30 PM	Pool closed	*Please note that
birthday parties may be	1 - 3:30 PM	1 - 3:30 PM	1 - 3:30 PM	Open Swim/Laps:	1 - 3:30 PM	birthday parties may be
scheduled during this time	Open Swim/Laps:	Open Swim/Laps:	Open Swim/Laps: 3:30 - 5 PM	3:30 - 5:30 PM		scheduled during this time
	3:30 - 5 PM 7:15 - 8:30 PM	3:30 - 5:30 PM	7:15 - 8:30 PM	6:30 - 8:30 PM	Open Swim/Laps:	
	Lessons:	6:30 - 8:30 PM	Lessons:	No Aqua Fit tonight!	3:30 - 6:30 PM	
	5- 7:15 PM		5- 7:15 PM	Coningriti		
Closed for a private	24 Adult lap: 25	Adult lap:	26 Adult lap: 27	Adult lap: 28	3	29 Adult lap: 30
party: 12:15 - 1:15 PM	6:30 - 7:30 AM	6:30 - 8:45 AM	6:30 - 7:30 AM	6:30 - 8:45 AM		8 - 10 AM
Open Swim/Laps:	8:30 - 9:15 AM 10:15 AM - 1 PM	9:45 AM - 1 PM	8:30 - 9:15 AM 10:15 AM - 1 PM	9:45 AM - 1 PM		Open Swim/Laps:
1:15 - 4 PM *Please note that	Cardio Splash:	5:30 - 6:30 PM	Cardio Splash:	Cardio Splash: 8:45 - 9:45 AM	STCC	10 AM - 3 PM
birthday parties may be		Cardio Splash: 8:45 - 9:45 AM	7:30 - 8:30 AM 9:15 - 10:15 AM	Pool closed		*Please note that birthday parties may
scheduled during this time	9:15 - 10:15 AM Pool closed		Pool closed	1 - 3:30 PM	Closed	
10 -3 -11	1 - 3:30 PM	Pool closed 1 - 3:30 PM	1 - 3:30 PM	Open Swim/Laps:	CIOSEC	this time
70-1	Open Swim/Laps:	Open Swim/Laps:	Open Swim/Laps: 3:30 - 5 PM	3:30 - 5:30 PM		
0 0/1	3:30 - 5 PM	3:30 - 5:30 PM	7:15 - 8:30 PM	6:30 - 8:30 PM		
	7:15 - 8:30 PM Lessons:	6:30 - 8:30 PM	Lessons:	Aqua Fit:   5:30 - 6:30 PM		
	5- 7:15 PM	10	5- 7:15 PM	5.55 5.55 FW		
	81					
Closed Happy &		VITTER				
- 11 4	4-1	No.				
Happy C	gsler!	7	CIT			
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